

Frequently Asked Questions (FAQ)

What does it cost to join Cobra?

The Cobra year starts in the summer. The annual cost is \$15 for the family. Each participant is also required to sell \$15 of raffle tickets. We prefer to have this paid up front, so when you sell the raffle tickets all you need to do is turn in the stubs.

At what age should my child start wrestling?

Children should be at least 5 years old to begin this sport, although maturity plays a big role in it. If your child is older than 5, but has difficulty paying attention and listening to instruction, then they should wait until closer to 9 or 10.

Where do practices take place?

We are excited to have our own wrestling room named after TJ graduate and Olympic Champion Bill Smith. The Bill Smith Wrestling Room is located on the South side of the Thomas Jefferson Activity Center (TJAC) on 25th and 2nd Avenue.

The season has already started, is it too late to sign my child up?

We will accept new wrestlers up until the New Year in January. Once January comes, it will be too late in the season for your child to join this year. We encourage you to come back next Fall to join COBRA at that time. We will accept new Registrants in the Parent's Lounge located beneath the wrestling room at Thomas Jefferson HS.

Are there monthly dues?

No, there are no re-occurring costs.

What night are the practices?

The practice schedule can be seen by clicking on the "Schedule" link on the home page.

How much does it cost to go to the tournaments?

Tournament costs vary; they range from \$10 to \$20 and some even more. Most tournaments we go to cost between \$12-\$15. Some will require an AAU card which is \$12/ annually.

What should my child wear for practice?

Clean practice gear should be worn at all times. No jeans or clothing with zippers or buttons is allowed on the mats, as they can injure other wrestlers and tear the mats. Sweat pants, shorts, t shirts, and sweatshirts are appropriate. Also remember, if a singlet is worn to practice, it is now dirty and needs to be washed before wearing again.

Also wrestling shoes must be worn on the mats at all times. If no wrestling shoes, then socks can be worn for practice.

What do you need for tournaments? Although some tournaments require an AAU card, most will just require you to pay the entry fee. A uniform/ singlet is also needed and can be rented from our club for \$10. Wrestling shoes are also needed for these events

Frequently Asked Questions (FAQ) continued

Can I watch my child practice?

Due to the rapid growth of our club, we do not have room in our practice facility for spectators. Although you can go up there to check on your child with limited space for standing, we prefer that you either drop off your child for practices, or spend the practice time downstairs in our waiting area. This area will be staffed with coaches to assist with any and all questions concerning practice or competition. This will also serve as the place for all administrative work such as signing up for all tournaments and duals.

Can I coach my kid on the mat during tournaments?

If at all possible, do not coach your child. Please find a coach if one is not standing ready with your child right before the match. Your job is to support, love and hug your child no matter what. Conflicting advice and criticism work against the coach's efforts and only serve to confuse and de-motivate your child. If you feel you have the experience and ability to contribute to the club as a coach, volunteer your services through the proper channels.

When does the Raffle Ticket money have to be turned in?

The sooner the better, but for sure by the second week of January.

Where does the raffle ticket money go?

Back to the Cobra Optimist and the winners of the raffles which are drawn at the Cobra wrestling tournament.

Can I sell more than 1 book of raffle tickets and if so, what can that money be used for?

After selling your first book of raffle tickets, any books you sell thereafter can go to you to help defray the cost of tournaments, wrestling shoes or any other wrestling expense you see fit. All you need to do is turn in the stubs for the drawing.

How do I sign up for tournaments?

Sign-ups can go through Chris Manz; entries are due by Thursday of that week.

Do I have to take my child to tournaments?

No, but they are expected to participate in the Cobra tournament.