

## Frequently Asked Questions (FAQ\_FY2023)

### What are the wrestling Fees for the 2023 season?

The Cobra wrestling fees vary, depending on which level you are at. The fees are as follows:

#### Volunteer Fee:

There will be a volunteer fee charged at registration of \$25. This fee will be reimbursed once you have signed up and worked a wrestling tournament.

#### Wrestling Beginner:

First wrestler cost is \$40 and \$25 for each additional wrestler from the same family. A beginner wrestler may be in 1st, 2nd or 3rd grade. (3rd grade wrestler that has not talked to a coach about intermediate practices should practice with the beginner group. This will allow them to learn at a rate more suitable for them)

#### Wrestling Intermediate:

First wrestler cost is \$45 and \$25 for each additional wrestler from the same family. An intermediate wrestler might be in 2nd or 3rd grade that has been wrestling for 3 or more years, or a wrestler that is in 4th - 8th grade but is new to the sport. This will allow the wrestler to learn at a rate that is more suitable for them and have teammates closer to their size

#### Raffle Tickets:

Your wrestling registration entitles you to raffle tickets, a \$15 value, so when you sell the raffle tickets, you keep the money and all you need to do is turn in the stubs. Additional raffle tickets can be issued for you to sell to defer the cost of wrestling. The drawing will be held during the "Leo Cash Beginner Tournament". Prizes are: 1st (\$100), 2nd (\$75) and 3rd (\$50).

### At what age should my child start wrestling?

For the very young (5-8), beginners is generally made up of 6-8 year olds.

### Where do practices take place?

Practices for All Wrestlers will be held in the Abraham Lincoln Wrestling room. Practice times will be posted on the calendar.

### The season has already started, is it too late to sign my child up?

We will accept new wrestlers up until the New Year in January **or once we are filled to capacity**. Once January comes or capacity is reached, it will be too late in the season for your child to join. We encourage you to come back next fall to join COBRA at that time.

### Are there monthly dues?

No, there are no re-occurring costs.

### What night are the practices?

The practice schedule can be seen by clicking on the "Schedule" link on the wrestling home page.

### How much does it cost to go to the tournaments?

Tournament costs vary; they range from \$10 to \$20 and some even more. Most tournaments we attend cost anywhere between \$12 - \$25. Some will require an AAU or USA card which is ~\$14 / annually.

**What should my child wear for practice?**

Clean practice gear should be worn at all times. No jeans or clothing with zippers or buttons is allowed on the mats, as they can injure other wrestlers and tear the mats. Sweat pants, shorts, t shirts, and sweatshirts are appropriate. Also remember, anything worn at practice is now dirty and needs to be washed before wearing again.

Also wrestling shoes must be worn on the mats at all times. If no wrestling shoes, then socks can be worn for practice.

**What do you need for tournaments?**

Although some tournaments require an AAU or USA card, most will just require you to pay the entry fee. A uniform / singlet is also needed and can be purchased locally. Wrestling shoes are nice to have but not necessary for these events.

**Can I watch my child practice?**

There is very limited space in the wrestling room. Parents/Guardians can watch from the hallway leading into the wrestling room.

**Can I coach my kid on the mat during tournaments?**

If at all possible, do not coach your child. Please find a coach if one is not standing ready with your child right before the match. Your job is to support, love and hug your child no matter what. Conflicting advice and criticism work against the coach's efforts and only serve to confuse and de-motivate your child. If you feel you have the experience and ability to contribute to the club as a coach, volunteer your services through the proper channels.

**When do Raffle Ticket stubs need to be turned in?**

The sooner the better, but for sure one week before the Leo Cash Beginner Tournament.

**Can I sell more than 1 book of raffle tickets and if so, what can that money be used for?**

Yes, all you need to do is ask any coach for another booklet or two. Use the proceeds to help defray the cost of tournaments, wrestling shoes or any other wrestling expense you see fit. All you need to do is turn in the stubs for the drawing.

**How do I sign up for tournaments?**

Most tournaments require you to sign up on-line. For those that do not, we will provide signup instructions at that time.

**Do I have to take my child to tournaments?**

No, but beginners are expected to participate in the Cobra tournament.

**How do I know if practice is cancelled for a weather event?**

If school is cancelled, practice is cancelled. We will also post a note on Facebook.

**How do I get a Singlet? What do they cost?**

Singlets can be only purchased through our On-Line Cobra Store ([Wrestling \(cbcobrawrestling.org\)](http://Wrestling(cbcobrawrestling.org)). The cost is \$50. We try to keep a small inventory on hand, so order early. There is a 5 to 6 week turnaround on Singlets if we have to order from our supplier. Ordered singlets will be picked up at practice. There are a variety of other outlets that sell singlets, all are OK to wear.

**Are there any videos to watch demonstrating technique?**

Yes, on our website there is a Cobra Video Library with several links to techniques that are required learning for all wrestlers.